

JANUARY BREAKFAST



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
5	6	7	8	9
12	13	14	15	16
	Sausage & Cheese Croissant Sandwich	Conchita w/ String Cheese	Yogurt w/ Honey Grahams	Honey Bunches of Oats Cereal w/ Honey Grahams
19	20	21	22	23
	Bagel w/ Cream Cheese	Cinnamon Roll	Mini Maple Pancakes	Strawberry Yogurt Parfait w/ Cinnamon Granola
26	27	28	29	30
Honey Bunches of Oats Cereal w/ Honey Grahams	Mantecada Muffin	Conchita w/ String Cheese	Cinnamon Chex Cereal w/ Honey Grahams	Chocolate Chip Muffin Top

Breakfast Includes:	Featured Fruit:	RevUp Rewards:
Choice of 1% Low Fat White or Fat Free White Milk Fruit of the Day Vegetarian *Cereal Served w/ Honey Grahams *All Grains Are Whole Grain Rich	Tangerine (1/2 C), Apple (1/2 C), 100% Fruit Juice 4 oz, Apple Slices (1/2 C), Orange (1/2 C), Dried Cranberries (1/2 C), Pear (1/2 C), Raisins (1/2 C)	Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards

