

MAY LUNCH



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Turkey Nachos w/ Refried Beans & Tostitos Chips	Pepperoni Pizza
5	6	7	8	9
Hamburger w/ Oven Baked Fries	Parm Pizza Bites w/ Marinara Dipping Sauce	RFC Bowl: Chicken Bites w/ Gravy, Corn & Mashed Potatoes	BBQ Chicken w/ Baked Beans & Dinner Roll	Beef, Bean & Cheese Burrito
12	13	14	15	16
Crispy Chicken Sandwich w/ Oven Baked Fries	Inside Out Chicken Pot Pie w/ Peas & Carrots	Bean & Cheese Pupusa w/ Curtido Salad	Queso Blanco Chicken Bowl w/ Rice & Pinto Beans	Pepperoni Pizza
19	20	21	22	23
Hamburger w/ Oven Baked Fries	Parm Pizza Bites w/ Marinara Dipping Sauce	Penne & Meat Sauce w/ Diced Carrots	Chicken Tikka Masala w/ Rice, Chickpeas & Dinner Roll	Beef, Bean & Cheese Burrito
26	27	28	29	30
	Crispy Chicken Sandwich w/ Oven Baked Fries	Turkey & Gravy w/ Mashed Potatoes & Dinner Roll	Cheese Tamale w/ Black Beans	Pepperoni Pizza
Lunch Includes:	Veg of the Day:	Featured Fruit:	RevUp Rewards:	
Choice of 1% Low Fat White or Fat Free White Milk or Fat Free Chocolate Milk Fruit & Vegetable of the Day Vegetarian *May include an extra 1/2 cup veg for compliance *All Grains Are Whole Grain Rich	Friday: Side Salad - Lettuce, Carrot, Tomato w/ Ranch (1 C) Thursday: Cucumber Slices (1/4 C) w/ Tajin, Celery Sticks (1/4 C) Monday: Side of Oven Baked Fries (1/2 C), Baby Carrots (1/4 C) Tuesday: Roasted Chickpeas, Side of Oven Baked Fries (1/2 C), Baby Carrots	Applesauce Cup (1/2 C), Banana (1/2 C), 100% Fruit Juice 4 oz, Peach (1/2 C), Apple (1/2 C), Pear (1/2 C)	Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	

