

March 2023

BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Yogurt Parfait w/ Strawberries & Honey Grahams 100% Fruit Juice 1% White Milk Fat Free White Milk	2 Froot Loops w/ Honey Grahams Main Fruit Orange 2nd Fruit- Pear 1% White Milk Fat Free White Milk	3 Scrambled Egg Breakfast Sandwich Main Fruit Pear 2nd Fruit- Apple 1% White Milk Fat Free White Milk
6 Banana Muffin Main Fruit Orange 2nd Fruit- Apple 1% White Milk Fat Free White Milk	7 Pan Dulce(120) Main Fruit Banana(120) 2nd Fruit- Pear(120) 1% White Milk(114) Fat Free White Milk(6)	8 Cinnamon Chex w/ Cinnamon Crackers 100% Fruit Juice 2nd Fruit- Apple 1% White Milk Fat Free White Milk	9 Froot Loops w/ Honey Grahams Main Fruit Orange 2nd Fruit- Pear 1% White Milk Fat Free White Milk	10 Chicken Sausage Breakfast Sandwich Main Fruit Pear 2nd Fruit- Apple 1% White Milk Fat Free White Milk
13 Mantecada Main Fruit Orange 2nd Fruit- Apple 1% White Milk Fat Free White Milk	14 Apple Jacks w/ Honey Grahams Main Fruit Banana 2nd Fruit- Pear 1% White Milk Fat Free White Milk	15 Breakfast Cheese Tamale 100% Fruit Juice 2nd Fruit- Apple 1% White Milk Fat Free White Milk	16 NO SCHOOL	17 NO SCHOOL
20 Pan Dulce(120) Main Fruit Orange(120) 2nd Fruit- Apple(120) 1% White Milk(114) Fat Free White Milk(6)	21 Blueberry Muffin Main Fruit Banana 2nd Fruit- Pear 1% White Milk Fat Free White Milk	22 Bean & Cheese Burrito w/ Hot Sauce 100% Fruit Juice 2nd Fruit- Apple 1% White Milk Fat Free White Milk	23 Banana Bread Main Fruit Orange 2nd Fruit- Pear 1% White Milk Fat Free White Milk	24 Frosted Flakes w/ Cinnamon Grahams Main Fruit Pear 2nd Fruit- Apple 1% White Milk Fat Free White Milk
27 Whole Grain Bagel w/ Cream Cheese Main Fruit Orange 2nd Fruit- Apple 1% White Milk Fat Free White Milk	28 Cinnamon Roll 2nd Fruit- Pear Banana 1% White Milk Fat Free White Milk	29 Yogurt Parfait w/ Strawberries & Honey Grahams 2nd Fruit- Apple 1% White Milk Fat Free White Milk	30 Blueberry Mini Muffin & String Cheese Main Fruit Orange 2nd Fruit- Pear 1% White Milk Fat Free White Milk	31 Scrambled Egg Breakfast Sandwich Main Fruit Pear 2nd Fruit- Apple 1% White Milk Fat Free White Milk