

SEPTEMBER LUNCH



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
	Cheeseburger w/ Oven Baked Fries Hot Dog w/ Oven Baked Fries	Queso Blanco Chicken Bowl w/ Rice & Pinto Beans Bean & Cheese Burrito w/ Roasted Fava Beans	Chicken Teriyaki w/ Not So Fried Rice, Diced Carrot, & Pretzels Mac & Cheese w/ Diced Carrots & Dinner Roll	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
8	9	10	11	12
Crispy Chicken Sandwich w/ Oven Baked Fries Breakfast for Lunch: French Toast & Sausage w/ Potato Wedges	Parm Pizza Bites w/ Marinara Dipping Sauce Chicken Tamale w/ Seasoned Mixed Veg	Chicken Bites w/ Mashed Potatoes & Pretzels Bean & Cheese Pupusa w/ Curtido Salad	Turkey Nachos w/ Refried Beans & Tortilla Chips Chicken Tikka Masala w/ Rice, Chickpeas & Dinner Roll	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
15	16	17	18	19
Hamburger w/ Oven Baked Fries Crispy Chicken Sandwich w/ Oven Baked Fries	Orange Chicken & Not So Fried Rice w/ Diced Carrots & Giant Goldfish Grahams Penne & Meat Sauce	Beef & Cheese Taco Stick w/ Roasted Fava Beans Cheese Tamale w/ Black Beans	Chicken Bites w/ Mashed Potatoes & Pretzels Chicken Bites w/ Mashed Potatoes & Pretzels	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
22	23	24	25	26
Cheeseburger w/ Oven Baked Fries Hot Dog w/ Oven Baked Fries	Beef Birria Tacos w/ Tajin Corn Chicken Tamale w/ Seasoned Mixed Veg	BBQ Chicken w/ Baked Beans & Dinner Roll Bean & Cheese Burrito w/ Roasted Fava Beans	Chicken Teriyaki w/ Not So Fried Rice, Diced Carrot, & Pretzels Mac & Cheese w/ Diced Carrots & Dinner Roll	Papa John's Pepperoni Pizza Slice Papa John's Cheese Pizza Slice
29	30			
Crispy Chicken Sandwich w/ Oven Baked Fries Breakfast for Lunch: French Toast & Sausage w/ Potato Wedges	Parm Pizza Bites w/ Marinara Dipping Sauce Chicken Tamale w/ Seasoned Mixed Veg			
Lunch Includes:	Veg of the Day:	Featured Fruit:	RevUp Rewards:	
Choice of 1% Low Fat White or Fat Free White Milk or Fat Free Chocolate Milk Fruit & Vegetable of the Day Vegetarian *May include an extra 1/2 cup veg for compliance *All Grains Are Whole Grain Rich	Monday: Baby Carrots (1/2 C) Wednesday: Baby Carrots (1/2 C) Tuesday: Roasted Pizza Fava Beans Thursday: Celery Sticks (1/2 C), Cucumber Slices (1/2 C) w/ Tajin Friday: Side Salad - Lettuce, Carrot, Tomato w/ Ranch & Roll (1 C)	100% Fruit Juice 4 oz, Apple (1/2 C), Grapes (1/2 C), Peach (1/2 C), Pear (1/2 C), Banana (1/2 C), Applesauce Cup (1/2 C), Apple Slices (1/2 C)	Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	

